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**TAP Agenda**

**February, 13 2016**

**Living Independently**

3:00 – Welcome, Sign In, Introductions (Name Tags)

3:15 – Discussion on Independent Living

4:00 – Social Hour, Game of Life

4:55 – Announcements, Closing Remarks

5:00 – Adjourn

# Resources for Independent Living

## Disability or Autism-specific Groups/Organizations

* ENDependence Center of Northern Virginia (ECNV) - <http://www.ecnv.org/index.html>
* disAbility Resource Center - <http://www.cildrc.org/>
* The Arc of Northern Virginia - <https://thearcofnova.org/>
* Service Source - <http://www.servicesource.org/>
* Virginia Department for Aging and Rehabilitative Services - <http://www.vadrs.org/>

## Recommended Books

* Living Independently on the Autism Spectrum – Lynne Soraya
* Adulting: How to Become a Grown-Up in 468 Easy(ish) Steps – Kelly Williams Brown